

THE TEXAS A&M TRANSPORTATION INSTITUTE'S

Training on the Treatment & Referral Services in Impaired Driving Cases in Texas

Dr. Nora Charles, PhD

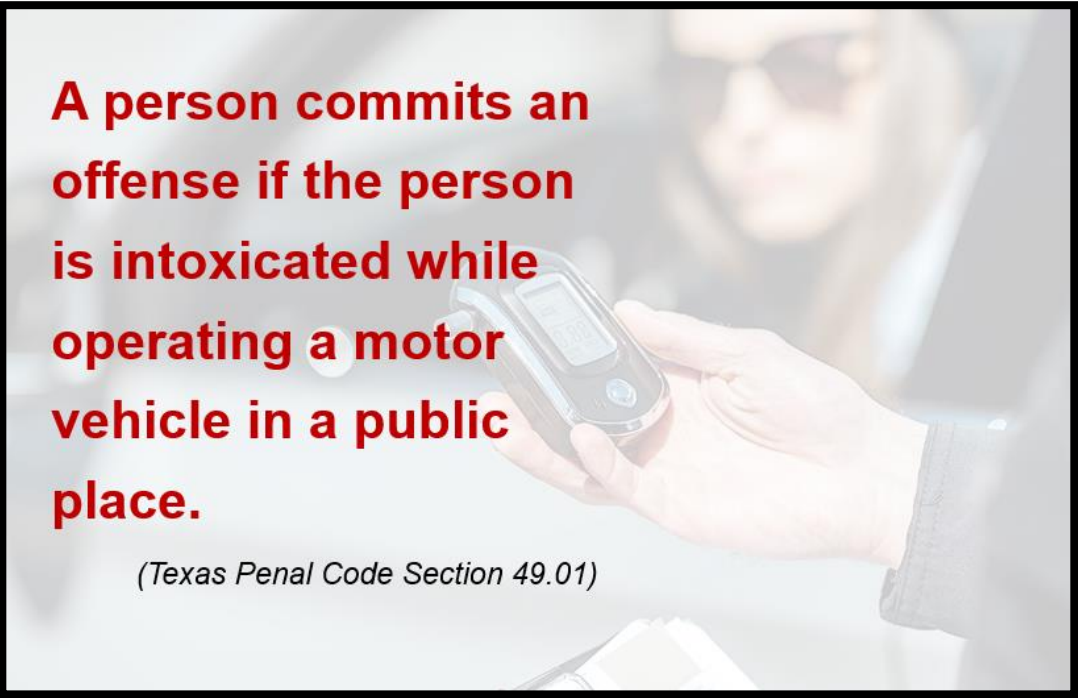
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A photograph of a person wearing sunglasses, looking down at a flip phone held in their hand. The image is slightly blurred and serves as a background for the text.

A person commits an offense if the person is intoxicated while operating a motor vehicle in a public place.

(Texas Penal Code Section 49.01)



Training Agenda

- Introduction
- Module I: Snapshot of the Impaired Driving Problem, Factors Influencing DWI Recidivism Rates
- Module II: Overview of Criminal Activity Literature
- Module III: Mental Health and Substance Use Disorders Introduction, Mental Health Disorder
- 5-Minute Break
- Module III Cont'd: Substance Use Disorder, Special Topics, Treatment
- 5-Minute Break
- Module IV: Applications of Psychological Information in Legal Settings Introduction, Detecting Psychological Problems, Managing Crises, Legal Outcomes for Individuals with MHD or SUD, What to Expect
- 5-Minute Break
- Module V: Mental Health Resources in the Community
- Module VI: Criminal Justice Best Practices
- Module VII: Wrap-up and Discussion

Course Outline

Module I: Snapshot of the Impaired Driving Problem

- Impaired Driving Numbers
- DWI definition
- Statistics on the number of impaired driving deaths and crashes in Texas - 5- year range, top 5 regions with highest percentage of impaired driving deaths perpopulation
- Statistics on national and Texas DWI recidivism rates

DWI driver profile

- DWI 1st driver profile
- Repeat DWI driver profile
- Prevalence of mental health and substance use among DWI offenders

Module II: Overview of Criminal Activity Literature

- Basic overview of the psychology of criminal conduct: risk/needs/responsivitymodel
- Types of screenings/assessments – distinguish between screening tools utilized to measure risk and how to identify the need for a mental health or substance use disorder assessment

Module III: Mental Health and Substance Use Disorders

- Prevalence of mental health & substance use problems in general and in criminal justice setting
- Disorder information
 - Mental health
 - Substance use
 - Co-occurring disorders
 - Developmental and medical factors that can affect presentation
- Risk assessment overview
- How problems are diagnosed
- Legal processes relevant to mental health and substance use problems
 - Competency cases
 - Not guilty by reason of insanity
 - Court-ordered treatment
- What to expect when working with an offender who has a mental health or substance use disorder
 - Poorer compliance with terms, chronic mental health, or substance use difficulties
 - Issues in treatment compliance

Module IV: Applications of Psychological Information in Legal Settings

- Detecting Psychological Problems
 - Having the conversation/understanding challenges like stigma
 - Communication skills
 - Signs that someone is having a significant mental health or substance disorder issue in the moment
- Managing a crisis
- Defining a crisis
- De-escalating a crisis
- Referral resources
- Potential outcomes

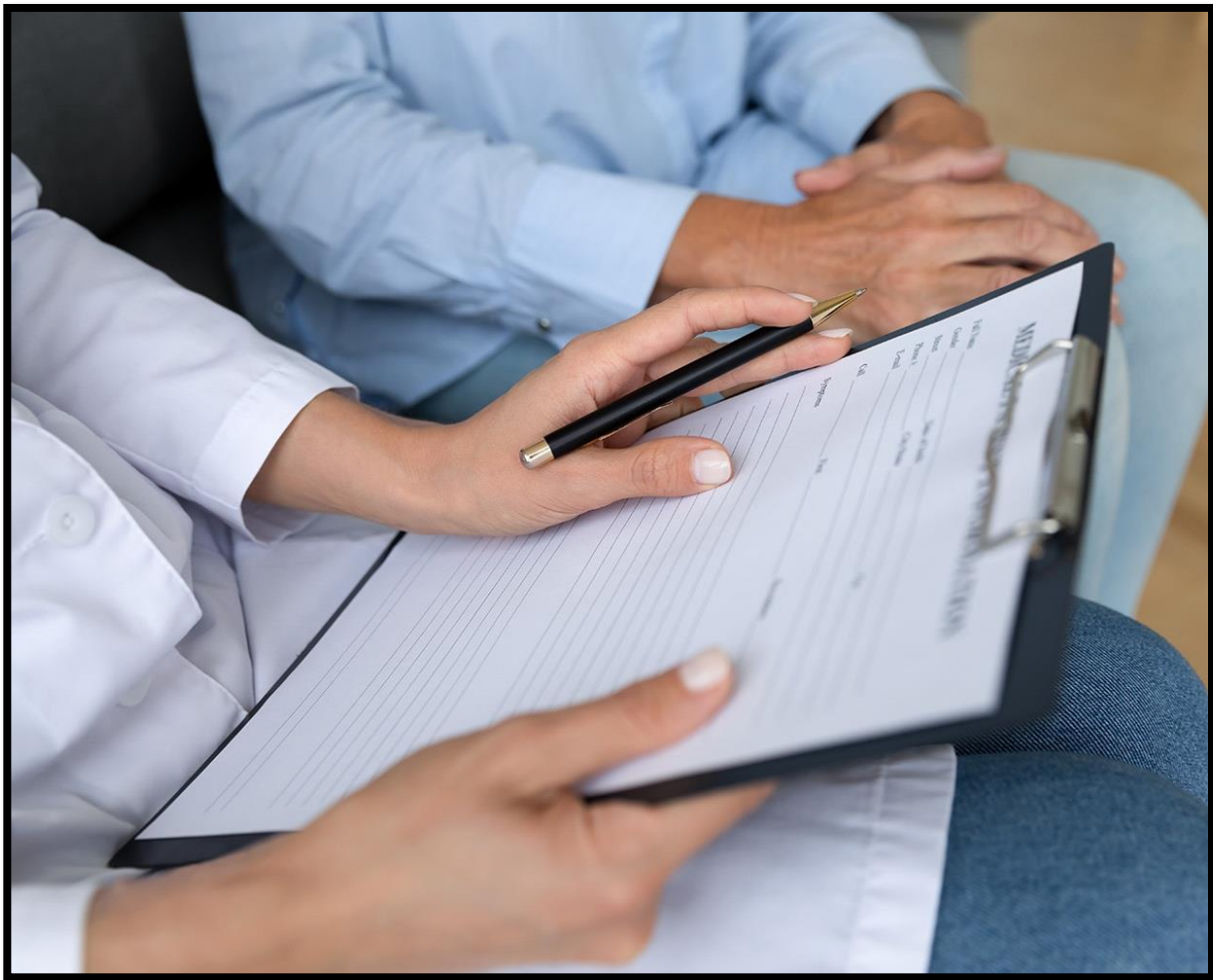
Module V: Mental Health Resources in Your Community

Module VI: Criminal Justice Best Practices

- National Recommendations: Sequential Intercept Model (SIM)
- Connecting with Community Resources

Module VII: Wrap-up and Discussion

- Q&A
- Evaluation



Resources for Prosecutors

Local Crisis Lines and Units

- National Suicide Prevention Lifeline: 1-800-273-8255
- Veterans Crisis Line: 1-800-273-TALK (8255) and press 1; or text 838255
- Crisis Text Line: text the word 'Home' to 741-741
- **Beginning in July 2022, 9-8-8**
- [Texas MHMR Crisis List](#)
- [Texas Youth Helpline](#)
- [Texas Suicide and Crisis Hotlines](#)
- [Here for Texas](#)

Locating Services in Texas

- [Texas Health and Human Services- A community Support Guide for Alternativesto Inpatient Mental Health Treatment](#)
- [United Way Texas-211](#)
- [Behavioral Health Resource Hub](#)
- [Texas Court of Criminal Appeals -Texas Mental Health Resource Guide](#)

Community Resources to be Shared

- [Texas Health and Human Services](#)
- [National Alliance on Mental Illness \(NAMI\)- Texas](#)
- [National Telehealth](#)
- [Texas A&M Telehealth Care](#)
- [Health Resources & Services Administration](#)
- [Resources for Mental Health and COVID-19](#)
- [MHA: COVID-19 Screening Tool – Take a Mental Health Test](#)
- [MedCircle](#)
- [Texas Judicial Commission on Mental Health](#)
- [The Texas Toolkit for Rightsizing Competency Restoration Services](#)

Validated DWI Screening Tools

- [Computerized Assessment and Referral System \(CARS\)](#)
- [Impaired Driving Assessment \(IDA\)](#)

Get Trained

- [Mental Health First Aid](#)
- [Maintaining Independence and Sobriety through Systems Integration, Outreach and Networking \(MISSION\)](#)

Motivational Interviewing Training Opportunities

- [Motivational Interviewing Network of Trainers \(MINT\)](#)
- [Texas Department of State Health Services](#)
- [National Council for Mental Wellbeing](#)

Peer Support Groups

- [Texas Peer Support Training](#)
- [Mental Health America \(MHA\)](#)
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\) PeerSupport Information](#)
- [Faces of Recovery](#)

Traffic Safety Local Coalitions List

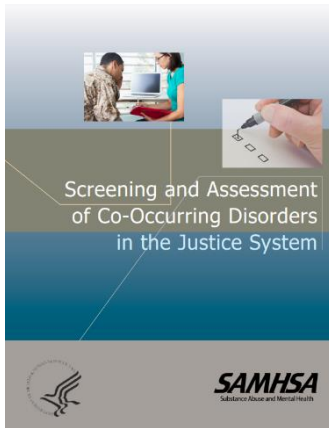
- [Traffic Safety Coalition Finding Tool](#)

24/7 DWI Programs

- [24/7 Sobriety Systems](#)
- [RAND Corporation 24/7 Sobriety Program](#)
- [Washington State 24/7 Sobriety Program](#)
- [The Montana Sobriety 24/7 Program](#)
- [24/7 Sobriety Monitoring Programs Resource Center](#)



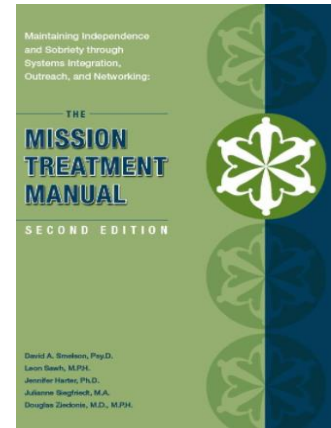
Literature for Reference



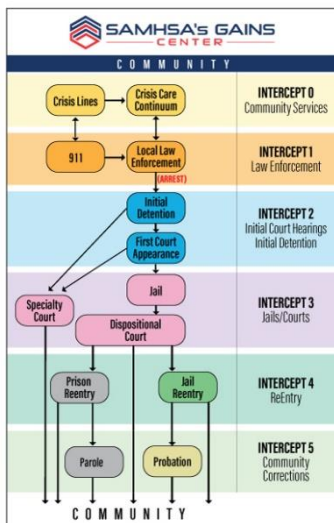
Screening and Assessment of Co-Occurring Disorders in the Justice System



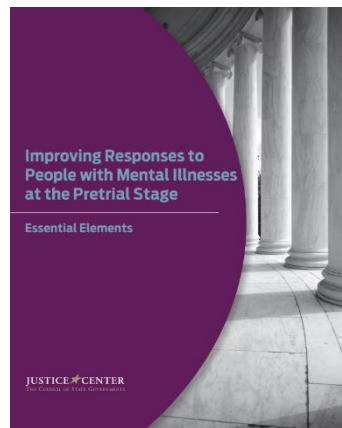
Governor's Highway Safety Administration-High Risk Impaired Drivers: Combating a Critical Threat



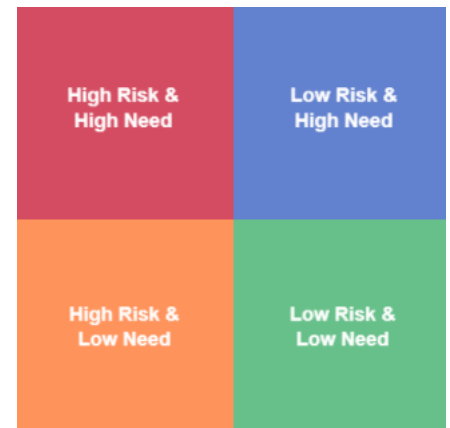
The MISSION Justice Treatment Manual



SAMHSA's Sequential Intercept Model (SIM)



Council of State Government's Improving Responses to People with Mental Illness at the Pretrial Stage



NADCP's The ARK: Evidence-Based and Promising Programs Database

Lecturer Bios

Dr. Nora Charles

Dr. Nora Charles is a licensed psychologist and Associate Professor and Director of the Clinical Psychology PhD program at The University of Southern Mississippi. Dr. Charles received her BA in Psychology from Northwestern University and her PhD in Clinical Psychology from Texas A&M University. She completed a postdoctoral fellowship at the University of Texas School of Medicine in San Antonio. Dr. Charles primarily conducts research and teaches courses on child and adolescent emotional and behavioral problems. She is particularly interested in substance misuse and delinquency, as well as factors such as parenting practices, impulsivity, emotion regulation problems, and environmental stressors that contribute to these behaviors. She is also very interested in psychological assessment, the implementation of evidence-based psychological interventions, and determining how to best integrate psychological science into settings such as primary care and the criminal justice system.

Cinthya Roberto, Project PI

Cinthya Roberto specializes in developing projects to reduce recidivism among Driving While Intoxicated (DWI) defendants. She is the principal investigator in judicial education projects that emphasize the importance of training criminal justice professionals about treatment and referral services in DWI cases. Ms. Roberto also co-authored a study on the recidivism effectiveness of ignition interlock devices. She has provided support in projects related to Core Traffic Records integration, Driving Under the Influence Tracking Systems, and the Impaired Driving Task Force. Before TTI, she graduated with a Master's in Policy Analysis from The Bush School of Government and a Bachelor of Science in Psychology.

Courtney Hrcir

Courtney Hrcir joined the Center for Alcohol and Drug Education Studies (CADES) team in July of 2021 as a Research Specialist. Previously, Courtney worked for Texas A&M Engineering Extension Service (TEES) as a Program Specialist with the Engineering Professional Education team where she was responsible for overseeing professional development course registrations, communication, management, and more. As a graduate of Texas A&M University with a bachelor's degree in Community Health, she has experience in assessing community needs, program planning, implementation, and evaluation, and in technical and grant writing.

Acronyms

| | |
|----------|---|
| AAPL | American Academy of Psychiatry and the Law |
| APA | American Psychological Association |
| AUD | Alcohol Use Disorder |
| CARS | Computerized Assessment and Referral System |
| CBT | Cognitive-Behavioral Therapy |
| CDC | Centers for Disease Control and Prevention |
| DBT | Dialectical Behavior Therapy |
| DOJ | Department of Justice |
| DUI-RANT | Driving Under the Influence - Risk and Needs Triage |
| DWI | Driving While Intoxicated |
| ER | Emergency Room |
| IDA | Impaired Driving Assessment |
| IQ | Intelligence Quotient |
| LEO | Law Enforcement Officer |
| LS/CMI | Level of Service / Case Management Inventory |
| M.D. | Doctor of Medicine |
| M.S.W. | Master of Social Work |
| MH | Mental Health |
| MHMR | Mental Health and Mental Retardation |
| NADCP | National Association of Drug Court Professionals |
| NCDC | National Center for DWI Courts |
| NDCI | National Drug Court Institute |
| NIDA | National Institute on Drug Abuse |
| NIJ | National Institute of Justice |
| NIMH | National Institute of Mental Health |
| ORAS | Ohio Risk Assessment System |
| RANT | Risk and Needs Triage |
| RIASI | Research Institute on Addiction Self Inventory |
| RNR | Risk Needs Responsivity |
| SAMHSA | Substance Abuse and Mental Health Services Administration |
| SBIRT | Screening, Brief Intervention, and Referral to Treatment |
| SES | Socioeconomic Status |
| SU | Substance Use |
| SUD | Substance Use Disorder |
| TxDOT | Texas Department of Transportation |
| TxDPS | Texas Department of Public Safety |



**Texas A&M Transportation
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<https://cades.tti.tamu.edu/trainings>

