

THE TEXAS A&M TRANSPORTATION INSTITUTE'S

**Training on the Treatment &
Referral Services in
Impaired Driving Cases in Texas**



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Training Agenda

2:00 PM	Introduction
2:05 PM	Module I: Snapshot of the Impaired Driving Problem
2:10 PM	Module II: Overview of Criminal Activity Literature
2:15 PM	Module III: Mental Health and Substance Use Disorder Concepts
3:00 PM	<u>5-Minute Break</u>
3:05 PM	Module IV: Treatment Specific Problems, Reports, and Plans
3:30 PM	What to Expect
3:45 PM	<u>5-Minute Break</u>
3:50 PM	Module V: Applying Psychological Information to Legal Decision-Making
4:00 PM	Managing Crises
4:10 PM	Mental Health Resources in the Community
4:15 PM	<u>5-Minute Break</u>
4:20 PM	Module VI: Criminal Justice Best Practices
4:25 PM	Module VII: Wrap-up and Discussion

Course Outline

Module I: Snapshot of the Impaired Driving Problem

Impaired driving numbers

- DWI definition
- Statistics on the number of impaired driving deaths and crashes in Texas - 5-year range, top 5 regions with highest percentage of impaired driving deaths per population
- Statistics on national and Texas DWI recidivism rates

DWI driver profile

- DWI 1st driver profile
- Repeat DWI driver profile
- Prevalence of mental health and substance use among DWI offenders

Module II: Overview of Criminal Activity Literature

- Basic overview of the psychology of criminal conduct: risk/needs/responsivity model
- Types of screenings/assessments – distinguish between screening tools utilized to measure risk and how to identify the need for a mental health or substance use disorder assessment

Module III: Overview about Mental Health and Substance Use Concepts

- Prevalence of mental health & substance use problems in general and in criminal justice settings
- Disorder information
 - Mental health
 - Substance use
 - Co-occurring disorders
 - Developmental and medical factors that can affect presentation
- Risk assessment overview
- How problems are diagnosed

Module IV: Treatment and Community Resources

- General treatment information
 - Types of professionals
 - Modes of treatment
 - Evidence-based practices/how to identify quality services
- Specific treatments for common disorders
 - Psychological disorders
 - Substance misuse
- Mental health documents
 - Screening and assessment reports
 - Treatment plans

- Legal processes relevant to mental health and substance use problems
 - Court-ordered treatment
- What to expect when working with an offender who has a mental health or substance use disorder
 - Poorer compliance with terms, chronic mental health, or substance use difficulties
 - Issues in treatment compliance

Module V: Applying Psychological Information to Legal Decision-Making

- Detecting a mental health or substance use problem
 - Having the conversation/understanding challenges like stigma
 - Communication skills
 - Signs that someone is having a significant mental health or substance disorder issue in the moment
- Managing a crisis
 - Defining a crisis
 - De-escalating a crisis
 - Referral resources
 - Potential outcomes
- Mental health resources in your community

Module VI: Criminal Justice Best Practices

- National Recommendations: Sequential Intercept Model (SIM)
- Connecting with Community Resources

Module VII- Wrap-up and Discussion

- Q&A
- Evaluation and Knowledge Assessment

Resources for Community Supervision

Local Crisis Lines and Units

- National Suicide Prevention Lifeline:
1-800-273-8255
- Veterans Crisis Line: 1-800-273-TALK (8255) and press 1; or text 838255
- Crisis Text Line: text the word 'Home' to 741-741
- Beginning in July 2022, 9-8-8
- [Texas MHMR Crisis List](#)
- [Texas Youth Helpline](#)
- [Texas Suicide and Crisis Hotlines](#)
- [Here for Texas](#)

Locating Services

- [Texas Health and Human Services- A community Support Guide for Alternatives to Inpatient Mental Health Treatment](#)
- [United Way Texas-211](#)
- [Behavioral Health Resource Hub](#)
- [Texas Court of Criminal Appeals -Texas Mental Health Resource Guide](#)

Community Resources

- [Texas Health and Human Services](#)
- [National Alliance on Mental Illness \(NAMI\)- Texas](#)
- [National Telehealth](#)
- [Texas A&M Telehealth Care](#)
- [Health Resources & Services Administration](#)
- [Resources for Mental Health and COVID-19](#)
- [MHA: COVID-19 Screening Tool – Take a Mental Health Test](#)
- [MedCircle](#)

Validated DWI Screening Tools

- [Computerized Assessment and Referral System \(CARS\)](#)
- [Impaired Driving Assessment \(IDA\)](#)

Get Trained

- [Mental Health First Aid](#)
- [Maintaining Independence and Sobriety through Systems Integration, Outreach and Networking \(MISSION\)](#)

Motivational Interviewing Training Opportunities

- [Motivational Interviewing Network of Trainers \(MINT\)](#)
- [Texas Department of State Health Services](#)
- [National Council for Mental Wellbeing](#)

Peer Support Groups

- [Texas Peer Support Training](#)
- [Mental Health America \(MHA\)](#)
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\) Peer Support Information](#)
- [Faces of Recovery](#)

Traffic Safety Local Coalitions List

- [Traffic Safety Coalition Finding Tool](#)

Literature for Reference

- [Governor's Highway Safety Administration- High Risk Impaired Drivers: Combating a Critical Threat](#)
- [The MISSION Justice Treatment Manual](#)
- [Bureau of Justice Assistance- A Ten-Step Guide to Transforming Probation Departments to Reduce Recidivism](#)
- [NADCP's The ARK: Evidence-Based and Promising Programs Database](#)
- [SAMHSA's Sequential Intercept Model \(SIM\)](#)
- [SAMHSA'S Sequential Intercept Model \(SIM\) -Intercept 5: Community Corrections](#)
- [Release to What? Behavioral Health-Based Strategies to Address COVID-19 Equity for the Homeless and Justice Involved](#)

Lecturer Bios

Dr. Nora Charles

Dr. Nora Charles is a licensed psychologist and Associate Professor and Director of the Clinical Psychology PhD program at The University of Southern Mississippi. Dr. Charles received her BA in Psychology from Northwestern University and her PhD in Clinical Psychology from Texas A&M University. She completed a postdoctoral fellowship at the University of Texas School of Medicine in San Antonio. Dr. Charles primarily conducts research and teaches courses on child and adolescent emotional and behavioral problems. She is particularly interested in substance misuse and delinquency, as well as factors such as parenting practices, impulsivity, emotion regulation problems, and environmental stressors that contribute to these behaviors. She is also very interested in psychological assessment, the implementation of evidence-based psychological interventions, and determining how to best integrate psychological science into settings such as primary care and the criminal justice system.

Cinthya Roberto, Project PI

Cinthya Roberto specializes in developing projects to reduce recidivism among Driving While Intoxicated (DWI) defendants. She is the principal investigator in judicial education projects that emphasize the importance of training criminal justice professionals about treatment and referral services in DWI cases. Ms. Roberto also co-authored a study on the recidivism effectiveness of ignition interlock devices. She has provided support in projects related to Core Traffic Records integration, Driving Under the Influence Tracking Systems, and the Impaired Driving Task Force. Before TTI, she graduated with a Master's in Policy Analysis from The Bush School of Government and a Bachelor of Science in Psychology.

Acronyms

AAPL	American Academy of Psychiatry and the Law
APA	American Psychological Association
AUD	Alcohol Use Disorder
CARS	Computerized Assessment and Referral System
CBT	Cognitive-Behavioral Therapy
CDC	Centers for Disease Control and Prevention
DBT	Dialectical Behavior Therapy
DOJ	Department of Justice
DUI-RANT	Driving Under the Influence - Risk and Needs Triage
DWI	Driving While Intoxicated
ER	Emergency Room
IDA	Impaired Driving Assessment
IQ	Intelligence Quotient
LEO	Law Enforcement Officer
LS/CMI	Level of Service / Case Management Inventory

M.D.	Doctor of Medicine
M.S.W.	Master of Social Work
MH	Mental Health
MHMR	Mental Health and Mental Retardation
NADCP	National Association of Drug Court Professionals
NCDC	National Center for DWI Courts
NDCI	National Drug Court Institute
NIDA	National Institute on Drug Abuse
NIJ	National Institute of Justice
NIMH	National Institute of Mental Health
ORAS	Ohio Risk Assessment System
RANT	Risk and Needs Triage
RIASI	Research Institute on Addiction Self Inventory
RNR	Risk Needs Responsivity
SAMHSA	Substance Abuse and Mental Health Services Administration
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SES	Socioeconomic Status
SU	Substance Use
SUD	Substance Use Disorder
TxDOT	Texas Department of Transportation
TxDPS	Texas Department of Public Safety



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